

North Shore Hospice Palliative Care

Volunteer Newsletter October 2010

2010 Volunteer Support Meetings

Tuesday, Oct 12 - 7:00 to 9:00 pm, Auditorium

Monday, Nov 8 - 7:00 to 9:00 pm, Auditorium

Thursday, Dec 9 (*Thursday-St Martin's Church*) Please note date change!

At our volunteer meeting this month we'll spend some time discussing the opening of the Hospice. We'll share some of the highlights of the Hospice Planning sessions that took place last month, and we'll learn more about the plans for the Day Hospice. Our guests will be Jane Webley and Julia Staub-French. If you're driving in from West Van or Deep Cove, please let me know as there may be opportunities for car-pooling. If you're not able to make it to the meeting, please let me know in advance.

Upcoming Events

Oct 12	Volunteer Support Meeting – Hospice Update
Oct 14	ArtCare Workshop, 6:00-8:00pm – Artistic Abilities NOT Required! (<i>still seats available</i>)
Oct 18 - 29	Hospice Orientation Sessions
Oct 23	Hospice Opening Celebration
Oct 25	North Shore Hospice Staff Open House & Blessing Ceremony (<i>see below</i>)
Oct 26 & Nov 2	Therapeutic Touch Level 2 (<i>details page 2</i>)
Nov 1	North Shore Hospice Opens!
Nov 8	Volunteer Support Meeting
Nov 19	LGH Annual Craft Fair (<i>details page 2</i>)
Dec 2	Honour a Life (<i>details page 2</i>)
Dec 9	Volunteer Christmas/Holiday Party, 6:30 St Martin's Anglican Church (<i>details page 2</i>)

Hospice Updates

Hospice Preparation – Helpers Needed!

Oct 12th – 22nd

If you're able to help with preparing the hospice (making beds, setting up, moving supplies & furniture etc.), please let me know your availability. Even an hour or two here or there would be a great help.

Hospice Opening Ceremony & Community Open House

Saturday, October 23rd noon to 2:00pm

The Opening Ceremony is planned for Saturday, October 23rd. The morning will be by invitation only. Members of the community are invited to tour the hospice from noon to 2:00pm. Thanks to our volunteer tour guides, Jytte Larsen, Laura Graves, Sharon Johnston, Penny Horvath and Tanis Van Drimmelen for helping out!

Staff/Volunteer Hospice Open House & Blessing Ceremony

Monday, October 25th

VCH staff and volunteers are invited to attend this open house to see the Hospice as a team between 12:00 and 2:00pm. Palliative Care staff and volunteers are invited to a dedication and blessing ceremony from 3:00 to 5:00pm. Chaplain, Andres Rebane is booking various spiritual providers to bless the sacred space.

Please complete the sheet titled, "*The North Shore Hospice – Time Capsule*," which you'll find in the volunteer office. Attach a passport sized photo, and write a little about yourself (family, hobbies, interests, hopes etc). Please return your completed form to me by Saturday, October 16th for inclusion in the time capsule.

Hospice Orientation Sessions

If you anticipate volunteering at the hospice (and I would suggest all current 7West volunteers), please be sure to sign up for a mandatory 3-4 hour hospice orientation session between October 20th and 26th.

Janet Quenneville, Manager Volunteer Program, Hospice Palliative Care
604-984-5951 or Janet.quenneville@vch.ca
Family Services of the North Shore partnering with Lions Gate Hospital

LGH Annual Craft Fair

Friday, November 19th 9:00am – 4:00pm

Volunteers Donna Ross, Frankie Hester, Denise Kellahan and Louise Donald have been hard at work in preparation for the best-ever raffle and craft fair fundraiser. Proceeds will go towards the North Shore Hospice. If you're able to help out with baking, crafts, staffing the sales table, packaging baked goods, selling raffle tickets or assisting on the day of the fair, please sign up, or contact any of the volunteers listed above.

Volunteer Christmas/Holiday Party!

Thursday, December 9th at 6:30pm *Please note the date change!*

St Martin's Anglican Church, 195 East Windsor Road, North Vancouver

Be sure to mark this evening on your calendar and plan to join us for our annual Christmas Holiday party! Watch for the sign up sheet and details as the planning gets underway over the next few weeks.

Therapeutic Touch Practise

The Therapeutic Touch Level 1 is now complete, with upcoming practise sessions and level 2 training in the works. Overall feedback has been good, and participants are looking forward to opportunities to put their new skills to use. For those who have undergone TT training (at any level), instructor-led practise sessions are as follows:

- Oct 12: 1:30 – 3:00 Palliative Care team - LGH Auditorium
- Oct 14: 1:00 - 3:00 652 Kerry Place, North Van (Instructor Lynda Harvey's home)
- Oct 19: 1:30 – 3:00 Palliative Care team - LGH Seminar B
- Oct 21: 5:30 - 7:00 Gloria Dei Church, 1110 Gladwin Drive, North Van (with Instructor Doreen Matkovich)
- Oct 28: 1:00 - 3:00 652 Kerry Place, North Van
- Nov 4: 7:00 - 9:00 LGH Seminar A

Level 2: October 26 (Evergreen Board Room) and November 2 (Ambleside Room) from 9:00am to 4:30pm

Honour a Life

Thursday, December 2, 2010 6:00pm

West Vancouver United Church, 2062 Esquimalt Avenue

This evening offers a beautiful ceremony of remembrance. Volunteers play a key role in providing support and ensuring the success of this evening. If you have an interest in bereavement and would like to be a comforting presence for bereaved families and friends at this wonderful gathering, please contact Janet. A sign up sheet will be in place shortly.

Criminal Record Checks Required Every 5 Years

To align with procedures in place at Family Services of the North Shore and now in Vancouver Coastal Health, criminal record checks must be renewed every 5 years. This policy is intended to ensure the safety of any children in our care. **If your Crim Check was done in 2005 or earlier**, you will need to request a new one through your local police detachment. For North Vancouver residents, there is no charge for volunteers, so over the coming week I will draft a letter of introduction for you to take with you. Be sure to bring two pieces of photo id. **To continue volunteering**, please **provide me with your updated crim check** (original please, not a copy) **by December 31, 2010**.

LGH Parking Update

In mid-November, new parking rules will come into effect. The parking stamp used today will no longer be valid. For volunteers who wish to use the parkade, a hang tag will be available for a one-time charge of \$20. This will enable you to park on either of the two lower levels of the parkade at no charge while volunteering, as long as this special tag is displayed in your windshield. Stay tuned for further details in the coming weeks.

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