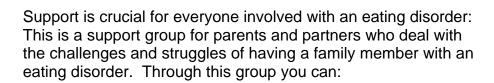


## Family Services of the North Shore Caring for our Community

# **Eating Disorder Support Group**

For parents, partners and caregivers



- Share your experiences and ask questions in a supportive environment,
- Learn that you are not alone in this experience,
- Gain strength and wisdom from others who have "been there"; and
- Expand your knowledge of the supports and resources available to you.

## **Group Details**

**Dates:** Meets every 2<sup>nd</sup> and 4<sup>th</sup> Monday of the Month.

Note: no meeting if Monday falls on a holiday. \*No meeting Monday, December 21st, 2009

**Time:** 7:00 p.m. – 8:30 p.m.

**Location:** Family Services of the North Shore

Cost: No fee

#### **Facilitator**

**Shelley Hine** M.A., R.C.C, counsels individuals and families at Family Services of the North Shore, and is also an on-site counselor at the "I hope family centre", a drop-in family resource program for parents and children. Shelley has over 10 years of experience facilitating support groups.

### To Register/For More Information

Call Vicki at 604-988-5281, ext. 202.



"This illness has created so much chaos and fear in our family's life...coming to the group really helped me gain some perspective on this extremely difficult and confusing illness."

Group Member

#### **Family Services of the North Shore**

101 – 255 West 1<sup>st</sup> Street North Vancouver, Bc V7M 3G8 Phone: 604-988-5281 Fax: 604-988-3961

Web address: www.familyservices.bc.ca

Caring for our community



