

Volunteer for Family Services of the North Shore's Youth Leadership Advisory Board: Youth-LAB

Why we're doing this:

We know that mental health issues are significant for young people in BC. Anxiety, depression, eating disorders, difficult family circumstances and abuse impact every aspect of the lives of youth. We also know youth often don't get the help they need because they don't have the money, knowledge, transportation, legal status or safety to reach out. We want to do a better job of letting them know where to get help, and we need your help figuring out the best way to do it.

Why we need you:

We believe youth know best how to help other youth. Your knowledge and opinions will be the key ingredients guiding us to communicate with young people in ways that are meaningful and relevant to them.

Who we are:

Family Services of the North Shore (FSNS) is an accredited, not-for-profit, community based organization. For sixty years, we have provided education, support and counselling to the North Shore Community. We serve three municipalities: the City of North Vancouver, District of North Vancouver, the District of West Vancouver, as well as the Village of Lions Bay and Bowen Island. We also lead the provincial work in the prevention of eating disorders.

FSNS offers a broad range of social services to children, youth, adults, couples and families from a diverse array of cultural and economic backgrounds. Our programs range from the early years to end of life care. The Agency develops programs and services that meet the cultural values of a diverse community and that response to community need, emerging issues and current demographics. We served over 6500 individuals last year. Each year over 300 volunteers give 16,000 hours of service to the Agency. To learn more about us, please visit: www.familyservices.bc.ca