

## PARENTING YOUNG CHILDREN For Farsi Speaking Parents

It is a challenging world for the 2 - 5 year olds and their parents, especially for newcomers. This 6-week program based on S.T.E.P. (Systematic Training for Effective Parenting), will focus on the world the preschooler with some practical tips on:

- Discipline
- Communication
- Confidence building
- Socially acceptable behaviour



- DATES: 6 Fridays, January 21 to February 25, 2011
- **TIME:** 9:30-11:30 a.m.
- **PLACE:** John Braithwaite Community Centre 145 West 1<sup>st</sup> Street, North Vancouver
- **COST:** Free including childminding for children under 6
- FACILITATOR: Mahin Khodabandeh, CCFE

For information and registration, please call: Mahin, at FSNS 604-988-5281 ext. 340