

# Explore and Understand the Impact of Anger in Your Life



## Women and Anger Group

Fridays, starting February 17th (8-10 weeks)

1:00 pm - 2:30 pm

Held at the North Shore Women's Centre

131 East 2nd Street, North Vancouver

Group offered at no cost

**Register/Information: Call 604.988.5281, ext. 226**

**[www.familyservices.bc.ca](http://www.familyservices.bc.ca)**



203-1111 Lonsdale Ave.,  
North Vancouver, BC



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