

June 2018 I hope family centre

North Vancouver 604.986.9311



I hope family centre

www.familyservices.bc.ca



MW Maple Wood House, 399 Seymour River Place (at the end of the Maplewood parking lot, access through back gate)

Quay Lonsdale Quay Market, 2nd Floor (south/east corner, next to Cheshire Cheese restaurant)

Note: Programs occur at multiple locations, please double check where we're playing today.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-----------|---|---|---|---|--|------------------------------------|
| | FSNS acknowledges financial contribution from Government of Canada, Province of British Columbia, City of NV, District of NV, District of WV, as well as United Way of the Lower Mainland and North Shore Community Foundation and in-kind space from Lonsdale Quay Market. | <i>*LTTP – Learning Together Through Play – is a no fee drop in program, for families to play and connect together. Families bring a piece of fruit or veggie to share. Please consider a financial donation. Receipts available for donations over \$20.00</i> | Helpful Hints: MW: Bring appropriate outerwear for outdoor play rain or shine. Get a stamp for Maplewood Farm. Lonsdale Quay Market: If we're full, visit the play area and check back in 15 minutes | **LTTOP – Learning Together Through Outdoor Play - We're outside only at MW for play rain or shine. Dress for the weather. Bring your own snack (we'll have coffee/tea/water.)The water table, mud kitchen and sand pit are OPEN. Wear clothes appropriate for play. | 1 **LTTP @ Lonsdale Quay Market 9:30 – 12:00 Dietitian | 2 No program |
| 3 | 4 *LTTP @ MW 9:15 -11:30 Counsellor *LTTP @ MW 1:15 – 3:30 | 5 *LTTP @ MW 9:15 – 11:30 11:30 – 3:00 Takaya @ MW *LTTP @ MW 1:15 – 3:00 PCMG CNV and MW | 6 *LTTP @ Lonsdale Quay Market 9:30 – 3:00 Community Health Nurse @ 1 | 7 *LTTP @ MW 9:15 – 11:30 Community Health Nurse 10:00 – 12:00 Breastfeeding Support Counsellor CNV Library *LTTP @ MW 1:15 - 3:30 PCMG WV | 8 **LTTP @ Lonsdale Quay Market 9:30 – 12:00 | 9 No program |
| 10 | 11 *LTTP @ MW 9:15 -11:30 Counsellor *LTTP @ MW 1:15 – 3:30 | 12 *LTTP @ MW 9:15 – 11:30 11:30 – 3:00 Takaya @ MW *LTTP @ MW 1:15 – 3:30 PCMG CNV and MW | 13 *LTTP @ Lonsdale Quay Market 9:30 –12:00 Closed for staff meeting in pm | 14 LTTP @ MW 9:15 – 11:30 10:00 – 12:00 Breastfeeding Support Counsellor CNV Library *LTTP @ MW 1:15 - 3:30 PCMG WV | 15 **LTTP @ Lonsdale Quay Market 9:30 – 12:00 | 16 No program |
| 17 | 18 *LTTP @ MW 9:15 -11:30 Counsellor *LTTP @ MW 1:15 – 3:30 | 19 *LTTP @ MW 9:15 – 11:30 Dietitian 11:30 – 3:00 Takaya @ MW *LTTP @ MW 1:15 – 3:30 PCMG CNV | 20 *LTTP @ Lonsdale Quay Market 9:30 – 3:00 | 21 LTTP @ MW 9:15 – 11:30 10:00 – 12:00 Breastfeeding Support Counsellor CNV Library *LTTP @ MW 1:15 - 3:30 PCMG WV | 22 **LTTP @ Lonsdale Quay Market 9:30 – 12:00 Librarian | 23 No program |
| 24 | 25 *LTTP @ MW 9:15 -11:30 Counsellor Infant Development Consultant *LTTP @ MW 1:15 – 3:30 | 26 Closed for staff meeting 11:30 – 3:00 Takaya @ MW *LTTP @ MW 1:15 – 3:30 | 27 *LTTP @ Lonsdale Quay Market 9:30 – 3:00 | 28 LTTP @ MW 9:15 – 11:30 10:00 – 12:00 Breastfeeding Support Counsellor CNV Library Closed for staff meeting PCMG WV | 29 **LTTOP will run Tue & Wed mornings at MW from July 3rd to Aug 22nd. | 30 No program |