

March 2018 I hope family centre

North Vancouver 604.986.9311



I hope family centre






www.familyservices.bc.ca



MW Maple Wood House, 399 Seymour River Place (at the end of the Maplewood parking lot, access through back gate)

Quay Lonsdale Quay Market, 2nd Floor (south/east corner, next to Cheshire Cheese restaurant)

Note: Programs occur at multiple locations, please double check where we're playing today.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	FSNS acknowledges financial contribution from Gov. of Canada, Province of British Columbia, City of NV, District of NV, District of WV, as well as United Way of the Lower Mainland and North Shore Community Foundation and in-kind space from Lonsdale Quay Market.	<i>*LTTP – Learning Together Through Play – is a no fee drop in program, for families to play and connect together. Families bring a piece of fruit or veggie to share. Please consider a financial donation. Receipts available for donations over \$20.00</i>	<i>***P&P-Pancakes and Play – Is a no fee drop in program for Dad's and children to play and connect together. Families bring a topping for pancake (yoghurt, fruit, etc).</i>	1 *LTTP @ MW 9:15 – 11:30 Community Health Nurse Intern Counsellor 10:00 – 12:00 Breastfeeding Support Counsellor CNV Library *LTTP @ MW 1:15 - 3:30	2 **LTTP @ Lonsdale Quay Market 9:30 – 12:00	3 *LTTP @ MW 9:15 -11:30
4 #6 of 6 week program ***Pancakes and Play @ MW 9:15 -11:30 Drop in for Dads and children	5 *LTTP @ MW 9:15 -11:30 Counsellor Dental Hygienist *LTTP @ MW 1:15 – 3:30 ****Family FUNdamentals in Grand Blvd area.	6 *LTTP @ MW 9:15 – 11:30 11:30 – 3:30 Takaya @ MW *LTTP @ MW 1:15 – 3:30	7 *LTTP @ Lonsdale Quay Market 9:30 – 3:00 PCMG W Van	8 *LTTP @ MW 9:15 – 11:30 10:00 – 12:00 Breastfeeding Support Counsellor CNV Library *LTTP @ MW 1:15 - 3:30	9 **LTTP @ Lonsdale Quay Market 9:30 – 12:00	10 *LTTP @ MW 9:15 -11:30
11 No Program	12 *LTTP @ MW 9:15 -11:30 Counsellor *LTTP @ MW 1:15 – 3:30 ****Family FUNdamentals in Grand Blvd area.	13 *LTTP @ MW 9:15 – 11:30 11:30 – 3:30 Takaya @ MW *LTTP @ MW 1:15 – 3:30	14 *LTTP @ Lonsdale Quay Market 9:30 – 3:00 Speech and Language Pathologist Community Health Nurse @ 1	15 *LTTP @ MW 9:15 – 11:30 Infant Development Consultant 10:00 – 12:00 Breastfeeding Support Counsellor CNV Library *LTTP @ MW 1:15 - 3:30	16 **LTTP @ Lonsdale Quay Market 9:30 – 12:00	17 Closed for Spring Break
18 ****Family FUNdamentals for the Grand Blvd area. If you live in that neighbourhood ask for more information and registration	19 Closed for Spring Break	20 	21 	22 10:00 – 12:00 Breastfeeding Support Counsellor CNV Library	23 Closed for Spring Break	24 
Helpful Hints: MW: Bring appropriate outdoorwear for outdoor play rain or shine. Get a stamp for Maplewood Farm. Lonsdale Quay Market: If we're full, stroll the market and check back in 15 minutes.	26 Closed for Spring Break	27 	28 	29 10:00 – 12:00 Breastfeeding Support Counsellor CNV Library	30 LTTP will be closed the morning of Apr 3. Takaya will open at MW Tuesday April 3rd @ 11:30 and LTTP in the afternoon. We will reopen Wednesday April 4th at Lonsdale Quay at 9:30.	31 Closed for Spring Break