

I hope family centres March 2019

Phone 604.986.9311



I hope family centre

www.familyservices.bc.ca



Family Services
NORTH SHORE
Changing lives together

Maplewood MW : Maplewood House 399 Seymour River Place (Maplewood Farm parking lot, access through the back gate). *Helpful Hints:* Bring appropriate outerwear for outdoor play, rain or shine.

Monday	Tuesday	Thursday	Saturday	Sunday
Mar 4 - Mar 11 LTTTP 9:15 - 11:30 am 1:15 - 3:30 pm	Mar 5 - Mar 12 LTTTP 9:15 - 11:30 am 1:15 - 3:30 pm Mar 5 - Mar 12 Takaya 11:30 - 3:00 pm	Mar 7 LTTTP 9:15 - 11:30 am 1:15 - 3:30 pm	Mar 2 - Mar 16 LTTTP 9:15 - 11:30 am	Mar 3 - Mar 17 Pancakes & Play 9:15 - 11:30 am <i>Dads and children play together.</i>
<hr/> Closures Mar 18 & 25 Closed Spring Break Visitors Mar 4 & 1 am Intern Counsellor	<hr/> Closures Mar 19 & 26 Closed Spring Break Visitors Mar 5 - Dietitian & Infant Development Consultant Mar 12 - Community Health Nurse & Speech & Language Pathologist	<hr/> Closures Mar 14, 21 & 28 Closed Staff Meeting & Spring Break	<hr/> Closures Mar 23 & 30 Closed Spring Break	<hr/> Closures Mar 24 & 31 Closed Spring Break Visitors Mar 3, 10 & 17 Intern Counsellor

Lonsdale Quay : 123 Carrie Cates Road, Lonsdale Quay Market 2nd floor (south /west corner, beside the dentist) *Helpful Hints:* If we're full, visit the play area and check back in 15 minutes.

Wednesday Mar 6 - Mar 13 LTTTP 9:30 - 3:00 pm	Friday Mar 1 - Mar 15 LTTTP 9:30 - 12:00 noon	<i>*LTTTP – Learning Together Through Play – is a no fee drop in program, for families to play and connect together.</i> <i>Families bring a piece of fruit or veggie to share.</i> <i>Please consider a financial donation. Receipts available for donations over \$20.00</i>	FSNS acknowledges financial contribution from Government of Canada, Province of British Columbia, City of North Vancouver, District of North Vancouver, District of West Vancouver, United Way of the Lower Mainland and in-kind space at Lonsdale Quay Market and North Vancouver City Library.	Takaya Indigenous Program : A family drop in program for all indigenous families. Call for information- 604-986-9311.
<hr/> Closures Mar 18 & 25 Closed Spring Break	<hr/> Closures Mar 22 & 29 Closed Spring Break Visitors Mar 15 - Librarian			

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West Vancouver: WV: 2121 Marine Drive, West Vancouver Community Centre

Helpful Hints: Bring appropriate outerwear for outdoor play, rain or shine

Monday	Tuesday	Wednesday	Thursday	Friday
Mar 4 - Mar 11 LTTP 9:00 - 11:30 am	Mar 5 - Mar 12 LTTP 9:00 - 11:30 am	Mar 6 - Mar 13 LTTP 9:00 - 11:30 am	Mar 7 - Mar 14 LTTP 9:00 - 11:30 am	Mar 1 - Mar 15 LTTP 9:00 - 11:30 am
Closures Mar 18 & 25 Closed Spring Break	Closures Mar 19 & 26 Closed Spring Break	Closures Mar 20 & 27 Closed Spring Break	Closures Mar 21 & 28 Closed Spring Break	Closures Mar 22 & 29 Closed Spring Break
	Visitors Mar 12 - Settlement Worker	Visitors Mar 13 - Dietician	Visitors Mar 14 - Librarian	

Parent Child Mother Goose and Breastfeeding and Postpartum Support

NVCL: 120 West 14th Street (3rd floor), North Vancouver City Library

WVML: 1950 Marine Drive, West Vancouver Memorial Library 1950 Marine Drive.

NVDPL: 3675 Banff Court, North Vancouver

<p>Tuesday</p> <p>Mother Goose @ NVCL & @NVDPL: Mar 5 - Mar 12 On the Move 9:15 - 10:15 am Babe in Arms 10:30 - 11:30 Registered Program</p>	<p>Wednesday</p> <p>Mother Goose @ WVML Mar 6 - Mar 13 On the Move 10:15 - 11:15 am Babe in Arms 11:30 - 12:30 Registered Program</p>	<p>Thursday</p> <p>Breastfeeding Postpartum Support @ NVCL Mar 7 - Mar 10:00 - 12 noon Drop in program at NVCL</p>	<p>*LTTP – Learning Together Through Play – is a no fee drop in program, for families to play and connect together.</p> <p>Families bring a piece of fruit or veggie to share.</p> <p>Please consider a financial donation. Receipts available for donations over</p>	<p>FSNS acknowledges financial contribution from Government of Canada, Province of British Columbia, City of North Vancouver, District of North Vancouver, District of West Vancouver, United Way of the Lower Mainland and in-kind space at Lonsdale Quay Market and North Vancouver City Library.</p>
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