

# Family Services of the North Shore



## Rebuilding Family Relationships

**A virtual men's group that provides a safe place for men to learn how to build healthy relationships and resolve family conflict with effective communication.**

Wednesdays from 6:00 pm to 8:00 pm  
Group takes place over 12 weeks online  
Facilitated in English and Farsi

Facilitated by Faranak Ghorbani MCP-AT, RCC, and Seido Morgan MSc, RCC

### Registration Required

Email: [mensgroup@familyservices.bc.ca](mailto:mensgroup@familyservices.bc.ca), or Call: 604-988-5281, ext. 226

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Family  
Services  
NORTH SHORE  
Changing lives together